

September Newsletter

What's Happening?

We have had a great start to the new year. Thank you to all our parents for helping our little friends settle in smoothly.

We have many new and exciting themes coming up over the next month! Our September class themes will be The Wild West / Cowboys, Super Hero's, Dinosaurs and Colours 😊

We are currently collecting coffee tins and formula milk tins (or other tins) for our Music and Movement class.

Classroom Notes

Please Remember:

- Drop-off is from 07:15 to 07:45
- Pickup is at 12 or 14:15 to 14:30
- Please send a pillow and blanket to school for the extended day.
- Please pack your child's lunch and snack separately.
- With our Zambian sun being so hot we ask that parents please remember to send their children to school with:
 - Sunhat
 - Sunscreen
 - Water

Birthdays and Other Important Dates:

- Jared 1st of September
- Soren 24th of September
- Ida 28th of September
- SCHOOL HOLIDAY 16th of September

Kids Pilates

We are learning how to move our body with control from our centre (core), with awareness and development of mind to body connection to live an ACTIVE HEALTHY LIFESTYLE. With this system we work on having a good posture in everyday life, staying in balance, using breathing to relax and release, and so much more ... cmomfit.com

