PRESCHOOL NEWSLETTER



WHAT'S HAPPENING THIS MONTH

So much excitement for the month ahead! Our themes this month are Life Cycles, Easter, Earth Day and Africa.

Please be on the lookout for information pertaining to our family project for the month.

WHAT HAVE WE LEARNT?

We have had so much fun over the past month! We have celebrated Dr Suess's birthday and St Patricks Day. We have also learnt about health and nutrition this month. In science we learnt about thunder, mixing colours by making a rainbow and the life cycle of a butterfly. We thoroughly enjoyed our Nature Walk Safari on World Wildlife Day!



SAYING SORRY!

As adults our emotions sometimes get the best of us, and apologizing may come by a little harder. For our little ones still trying to understand and navigate their emotions this is just as hard. Here are a few tips on helping your child to understand when and how to say sorry.

- help your child understand their emotions. Talk about what happened and explain what they did that requires an apology.
- Focus on the situation instead of the apology.
- Be the role model. At this age children absorb all they hear and see. If they see you
 apologizing they will model the behavior as well.
- Do not force it. Show and explain to your child what has happened and let them decide if
 they would like to apoligise. If we force our children to say sorry immediately and then let
 them walk away, we are teaching them that their actions are okay as long as they say
 sorry. Thus, in future, they will continue the behavior and apologize in order to walk away.

IMPORTANT DATES

15 Good Friday 16 Holy Saturday 17 Easter Sunday 18 Easter Monday 22 Earth Day 28 Public Holiday 29 Public Holiday



SPECIAL NOTE!

With the changing seasons it has started to get rather chilly on the playground. Please pack your child something warm to stay at school as well as jacket or Jersey for them to stay nice and cozy.



02 Ms Nina 03 Serena 07 Elliot 14 Sofia 15 Oz